

Lecture Introduction

A little housekeeping before we get started. In the interest of privacy and candor during tonight's presentation, no recording is allowed. Please keep your devices stowed. Thank you!

DR. WENDY MOGEL is a clinical psychologist and *New York Times* best-selling author.

She serves on the scientific advisory board of *Parents Magazine* and is frequently invited to weigh in on issues of the day by national and international media.

In a starred review *Publisher's Weekly* described her—now classic—first book, [*The Blessing of a Skinned Knee*](#), as “Impassioned, lyrical and eminently practical...a real treasure.” Her second release, [*The Blessing of a B Minus*](#), addresses the challenge of parenting teenagers in a culture of increasing anxiety and rapid change. Critics emphasize its wit, wisdom, compassion and common sense.

Her new book, *Voice Lessons for Parents: What to Say, How to Say It, and When to Listen*, offers guidance for communicating with children across the expanse of childhood and adolescence and explains the most effective ways to talk *about* your child to teachers, coaches, nannies and caretakers, grandparents, partners and...*your ex*.